

Caring Connections Client Enrollment

| Date: | Completed by: | | | |
|---|---------------|-------------------------|--|--|
| | | | | |
| 1. Name: | | 2. DOB: | | |
| 3. Phone: | | 4. Address: | | |
| □ Landline□ Cell phone | | ☐ Rural | | |
| 5. Email? | | 6. Virtual calls/Texts? | | |
| | | | | |
| Goal of Caring Connections: This program is designed to help ease feelings of social isolation and/or loneliness. We know that social connections can lead to better health and improved well-being and we hope that this program can offer you support that will make you feel more connected. UCLA 3-Item Loneliness Scale: • You will be asked these questions now and then again annually • Response is optional but meaningful • We hope to see improvement over time | | | | |
| 7a. How often do you feel you lack companionship? | | | | |
| Hardly ever / Some of the time / Often | | | | |
| 7b. How often do you feel left out? Hardly ever / Some of the time / Often | | | | |
| 7c. How often do you feel isolated from others? | | | | |
| Hardly ever / Some of the time / Often | | | | |

| Lubben Social | Network Scale | (LSNS-6) | | | |
|--|---------------|-----------------|------------------|----------------|------|
| | • • | • | ated to by birth | _ | • |
| "Consider all your friends, including people who live in your neighborhood." | | | | | |
| 9a. How many | family member | s do you see o | hear from at l | east once a mo | nth? |
| 0 | 1 | 2 | 3-4 | 5-8 | 9+ |
| 9b. How many | family member | rs can you talk | to about private | e matters? | |
| 0 | 1 | 2 | 3-4 | 5-8 | 9+ |
| 9c. How many family members do you feel that you could call on for help? | | | | | |
| 0 | 1 | 2 | 3-4 | 5-8 | 9+ |
| 9d. How many friends do you see or hear from at least once a month? | | | | | |
| 0 | 1 | 2 | 3-4 | 5-8 | 9+ |
| 9e. How many friends can you talk to about private matters? | | | | | |
| 0 | 1 | 2 | 3-4 | 5-8 | 9+ |
| 9f. How many friends do you feel that you could call on for help? | | | | | |
| 0 | 1 | 2 | 3-4 | 5-8 | 9+ |
| | | | | | |

8. What factors contribute to your feelings of social isolation and/or loneliness?

| 12a. Living place: | 12b. Other inhabitants: |
|---|---|
| ☐ My home ☐ Someone else's home ☐ Assisted living facility ☐ Independent senior living ☐ Nursing home ☐ Group home | □ Alone □ With family □ With spouse/partner □ With caregiver □ With roommates |
| 13a. Emergency contact: | 13b. EC phone: |
| 13c. EC relationship to participant: | 14. Explain emergency protocol. Consent to welfare check. |
| | Y/N |
| 15. Caregiver: | 16. Existing care level: |
| ☐ Paid ☐ Unpaid | ☐ Full-time ☐ Part-time ☐ Fully independent |
| 175. Referral source: | 18. MOW participant: |
| | Y / N / Waitlist |
| 19. Received visit from CoA case manager: | 20. Approved for in-home visits: |
| Y/N | Y/N |
| 21. Diagnosed with dementia or Alzheimer's: | 22. Displayed cognitive/memory issues: |
| Y/N | Y/N |

| 23. "Did you serve in the military?" | 24. Are you connected with any counseling resources? In the past? |
|--|---|
| Y/N | Y/N |
| 25a. Limitations: Hearing impairment Vision impairment Difficulty walking up stairs Difficulty getting in/out of car Difficulty communicating/being understood | Difficulty with mood |
| 25b. Mobility device? Recent falls? | 25c. "Do you identify as having a disability?" Y/N |
| 26. Smoking in the home? | 27. Pets? |
| Y/N | Y/N |
| 28. Visible hoarding? Cleanliness? | 29. "How would you describe your gender?" |
| Y/N | |
| 30a. "How would you describe your racial identity?" American Indian or Alaskan Native Asian / Pacific Islander Black or African American Hispanic / Latino White / Caucasian Multiple ethnicity / Other Prefer not to say | 30b. Ethnicity: Hispanic/Latino Non-Hispanic/Latino Rather not say |
| 31a. Primary Language: | 31b. Secondary Language? |

| 34. Insurance: | 35. Additional resources shared: | | | |
|---|----------------------------------|--|--|--|
| ☐ Medicare ☐ Medicaid ☐ OHP/PacificSource ☐ Private ☐ VA | | | | |
| 36. Biographical notes: | | | | |
| 37. Preferences on volunteer match or activities of interest: | | | | |
| 38. Is there anything else we should know about you? | | | | |
| 38. What are you hoping to get out of the Caring Connections program? | | | | |
| 39. What are you hoping to contribute to your Caring Connections experience? (or "What is something about yourself that you like sharing with others?") | | | | |